IOC WORLD CONFERENCE
PREVENTION OF INJURY & ILLNESS IN SPORT

MONACO
16-18 MARCH 2017
Preliminary Programme Overview
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<tr>
<td>08.00</td>
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<td>09.00-09.30</td>
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<td>Room Prince Pierre</td>
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<td>09.30-10.30</td>
<td><strong>KEYNOTE 1</strong></td>
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<td></td>
<td>Room Prince Pierre</td>
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<td>25 years after: The sequence of prevention revisited</td>
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<td>Speaker: Willem van Mechelen (Netherlands)</td>
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<td>11.00-12.30</td>
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<td>Symposium 1</td>
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<td></td>
<td>Hamstring injury prevention that works! - From basic mechanisms to international implementation</td>
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<td></td>
<td>Chairs: Roald Bahr (Norway), Kristian Thorborg (Denmark)</td>
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<td></td>
<td>Speakers: David Opie (Australia), Niclo van Dijk (South Africa), Anthony Shield (Australia), Gustaaf Reurink (Netherlands)</td>
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<tr>
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<td>Symposium 2</td>
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<td></td>
<td>How to prevent secondary meniscal injuries after ACL injury in our youngest athletes; the skeletally immature?</td>
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<td>Chair: Lars Engebretsen (Norway)</td>
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<td>Speakers: Guri Eids (Norway), Romain Sel (Luxembourg), Håvard Mokanes (Norway), Hege Grindem (Norway), Kristian Samuelson (Sweden)</td>
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<td>Head-to-head debate 1:</td>
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<td>Assessing where we are at after 20 years of research in sports injury prevention</td>
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<td>Chair: Karim Khan (Canada)</td>
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<td>Speakers: Erik Winbrou (Belgium), Evert Verhagen (Netherlands)</td>
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<td>Sports-specific ACL injury mechanisms and its implication for prevention</td>
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<td>Chairs: Takeshi Muneta (Japan), Roald Bahr (Norway)</td>
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<td>Speakers: Markus Walden (Sweden), Hideyuki Koga (Japan), Tone Bere (Norway/Qatar), Eiichi Tsuda (Japan)</td>
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<td>Citius, Altius, Fortius - Ensuring sports safety messages have maximal impact</td>
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<td>Chair: Caroline Finch (Australia)</td>
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<td>Speakers: Ross Tucker (South Africa), Evert Verhagen (Netherlands), Jiri Dovjak (Switzerland)</td>
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<td>The brain's role in ACL injury prevention</td>
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<td>Chair: Eva Ageberg (Sweden)</td>
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<td>Speakers: Charles Guz Swanks (USA), Anne Benjaminse (Netherlands), Jochen Baumlester (Germany)</td>
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<td>Tendon pain: How to direct prevention strategies by understanding the local and central contributions</td>
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<td>Chair: Jill Cook (Australia)</td>
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<td>Speakers: Sean Docking (Australia), Michel Cottelien (Netherlands), Jeremy Lewis (United Kingdom), Ebonee Rio (Australia)</td>
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<td>Team Handball - Time to reduce the injuries!</td>
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<td>Chair: Grete Myleebust (Norway)</td>
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<td>Speakers: Martin Ask (Sweden), Stig H. Andersson (Norway), Merete Müller (Denmark)</td>
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<td>Postcard from the Third World - Prevention of illness and injury in athletes from developing countries</td>
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<td>Chair: Robin Mitchell (Fiji)</td>
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<td>Speakers: Jegathesan Manavasagam Tan Sri (Malaysia), Chris Milne (New Zealand), Martin Schwellnus (South Africa)</td>
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<td>Protecting the health and performance of the traveling athlete</td>
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<td>Chair: Sebastien Racinais (Qatar)</td>
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<td>Speakers: Peter Fester (Qatar), Martin Schwellnus (South Africa), Wayne Deman (South Africa)</td>
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<td>Tweeting, liking, following, sharing: enhancing the protection of athletes' health now and in the future</td>
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<td>Chair: Evert Verhagen (Netherlands)</td>
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<td>Speakers: Claire Bover (United Kingdom), Karim Khan (Canada), Osman Ahmed (United Kingdom)</td>
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</table>
# Programme at a Glance

## Friday 17 March

### 08.30-09.15  **KEYNOTE 2**  
**Room Prince Pierre**  
**Why screening to predict injury does not work - and probably never will...**  
**Speaker:** Roald Bahr (Norway/Qatar)

### 09.30-11.00  **SESSION A**  
**Room Prince Pierre**  
**Symposium 12**  
**Prevention of tendinopathy; how to play the game?**  
**Chair:** Johannes Zwerver (Netherlands)  
**Speakers:** Katja Heinemeier (Denmark), Sean Docking (Australia), Hazel Screen (United Kingdom), Ebronie Rio (Australia), Jill Cook (Australia)

### 09.30-11.00  **SESSION B**  
**Room Camille Blanc**  
**Symposium 13**  
**Injury prevention in youth sport: Time to "Get on with it!"**  
**Chair:** Carolyn Emery (Canada)  
**Speakers:** Carly McKay (United Kingdom), Grethe Myklebust (Norway), Brent Hagel (Canada), Evert Verhagen (Netherlands)

### 11.00-11.30  **Coffee Break**

### 11.30-13.00  **SESSION A**  
**Room Prince Pierre**  
**Symposium 15**  
**ACL injury prevention works - but not in the real world?**  
**Chair:** Tron Krosshaug (Norway)  
**Speakers:** Kati Pasanen (Finland), Kathrin Steffen (Norway), Kam-Ming Mok (Hong Kong), Jesper Bencke (Denmark), Mette Kreutzfeldt Zebis (Denmark)

### 11.30-13.00  **SESSION B**  
**Room Camille Blanc**  
**Symposium 16**  
**The end of collision and contact sports as we know it?**  
**The prevention of concussion in sport**  
**Chair:** Cindy Chang (USA)  
**Speakers:** Kimberly G. Harmon (USA), Margot Putukian (USA), Jon Patricios (South Africa), Laurence Gant (United Kingdom), Jiri Dvorak (Switzerland)

### 13.00-14.30  **Lunch**

### 14.30-15.15  **KEYNOTE 3**  
**Room Prince Pierre**  
**Protecting the health of the athlete - The IOC Injury & Illness Prevention Programme**  
**Speaker:** To be announced

### 15.30-16.30  **THEMATIC POSTER SESSION**

### 16.30-17.00  **Coffee Break**

### 17.00-18.00  **SESSION A**  
**Room Prince Pierre**  
**Symposium 17**  
**Preventing groin injuries in football - beyond the "time-loss" approach**  
**Chairs:** Per Hümlich (Denmark), Thor Einar Andersen (Norway)  
**Speakers:** Kristian Thorborg (Denmark), Joar Harøy (Norway)

### 17.00-18.00  **SESSION B**  
**Room Camille Blanc**  
**Symposium 18**  
**Game over; time to blow the whistle on psychological injury in sport**  
**Chair:** Marjory Mountjoy (Canada)  
**Speakers:** Tricia Leahy (Hong Kong), Karl Fastig (Norway), Kathy Martin (Australia/United Kingdom)

### 18.00-19.00  **SESSION A**  
**Room Prince Pierre**  
**Symposium 20**  
**Leadership: A vital ingredient in the recipe for implementing health protection and injury prevention interventions in sport**  
**Chairs:** Alex Donaldson (Australia), Mario Bizini (Switzerland), Wayne Wijten (South Africa)  
**Speakers:** Adrian Lussi (Switzerland), Paul Ashley (United Kingdom), Julie Gallagher (United Kingdom)

### 20.00  **SPORTS CELEBRATION NIGHT**
## Programme at a Glance

### Saturday 18 March

#### 08.30-09.15  **KEYNOTE 4**  
**Room Prince Pierre**  
**Monitoring training load in team sports: Should athletes be training smarter and harder? The training-injury prevention paradox**  
**Speaker:** Tim Gabbett (Australia)

#### 09.30-10.00  **SESSION A - Room Prince Pierre**  
**Symposium 22**  
**How to prevent the painful shoulder among the overhead athletes**  
**Chair:** Grethe Myklebust (Norway)  
**Speakers:** Ann Cools (Belgium), Martin Askar (Sweden), Stig H. Andersson (Norway), Kevin E. Wik (USA), Rod Whiteley (Qatar)

#### 09.30-10.00  **SESSION B - Room Camille Blanc**  
**Symposium 23**  
**Screening to prevent sudden cardiac death: Evidence, knowledge gaps, and new directions**  
**Chair:** Jonathan Drezner (USA)  
**Speakers:** Stephen Targett (Qatar), Kimberly G. Harmon (USA), Irfan Asif (USA), Sanjay Sharma (United Kingdom)

#### 09.30-10.00  **SESSION C - Salle Auric**  
**Symposium 24**  
**Overload in the elite youth athlete: Challenges and solutions**  
**Chairs:** Roald Bahr (Norway), Michael F. Bergeron (USA)  
**Speakers:** Christine Holm Moselid (Norway), Neneu A. Jayanthi (USA), Babette Pluim (Netherlands), Håvard Vennes (Norway)

#### 11.00-11.30  **Lunch**

#### 11.30-12.30  **SESSION A - Room Prince Pierre**  
**Symposium 25**  
**From the research lab to the sporting pitch - efficacy to effectiveness of preventive interventions in team sports**  
**Chairs:** Martin Hägglund (Sweden), Caroline Finch (Australia)  
**Speakers:** Alex Donaldson (Australia), Grethe Myklebust (Norway), Mario Bizzini (Switzerland), Hanna Lindblom (Sweden)

#### 11.30-12.30  **SESSION B - Room Camille Blanc**  
**Symposium 26**  
**Preventing illness and injury in athletes - Is the periodic health examination (PHE) a valuable tool?**  
**Chairs:** Stephen Targett (Qatar), Håvard Moksnes (Norway)  
**Speakers:** Andrea Mosler (Qatar), Arnhild Bakken (Qatar), Ben Clarsen (Norway), Christopher Skazalski (Qatar)

#### 11.30-12.30  **SESSION C - Salle Auric**  
**Symposium 27**  
**Concussion prevention in child and adolescent sport: Are our children’s brains different?**  
**Chair:** Carolyn Emery (Canada)  
**Speakers:** Michael Makdissi (Australia), Kevin Guskiewicz (USA), Andrew McIntosh (Australia), Kathryn Schneider (Canada)

#### 13.00-14.30  **Lunch**

#### 14.30-15.30  **SESSION A - Room Prince Pierre**  
**Symposium 28**  
**Preventing football injuries: Innovative approaches for getting the most from prospective injury data**  
**Chair:** Caroline Finch (Australia)  
**Speakers:** Martin Hägglund (Sweden), Tim Gabbett (Australia), Simon Kemp (United Kingdom)

#### 14.30-15.30  **SESSION B - Room Camille Blanc**  
**Symposium 29**  
**As the Vicar said to the Actress - "Anyone for tennis?" The impact of intense training on the adolescent, overhead athlete**  
**Chair:** Michael Turner (United Kingdom)  
**Speakers:** W. Ben Kibler (USA), Babette Pluim (Netherlands)

#### 14.30-15.30  **SESSION C - Salle Auric**  
**Symposium 30**  
**Preventing exertional heat illness in youth, Paralympic and elite Olympic athletes**  
**Chair:** Julien Périard (Qatar)  
**Speakers:** Ollie Jay (Australia), Michael F. Bergeron (USA), Nick Webborn (United Kingdom)

#### 15.30-16.30  **SESSION A - Room Prince Pierre**  
**Symposium 31**  
**Evidence-based injury prevention in paralympic sport**  
**Chair:** Wayne Derman (South Africa)  
**Speakers:** Nick Webborn (United Kingdom), Cher Blauuet (USA), Peter Van de Vel (Germany)

#### 15.30-16.30  **SESSION B - Room Camille Blanc**  
**Symposium 32**  
**Proactive versus reactive: Monitoring athletes’ health to optimise sport performance through prevention**  
**Chair:** Event Verhagen (Netherlands)  
**Speakers:** Marco Mountjoy (Canada), Martin Schwellnus (South Africa), Ben Clarsen (Norway)

#### 16.30-17.00  **Coffee Break**

#### 17.00-17.45  **KEYNOTE 5**  
**Room Prince Pierre**  
**Preventing sudden cardiac death: The Good, the Bad, and the Ugly**  
**Speaker:** Jonathan Drezner (USA)

#### 17.45-18.15  **CLOSING CEREMONY**  
**Room Prince Pierre**

#### 20.00  **FACULTY EVENT** (by invitation)
33 symposia
5 keynote lectures
2 head-to-head debates
122 speakers
19 scientific committee members
24 countries

Eva Ageberg
Osman Ahmed
Thor Einar Andersen
Stig H. Andersson
Paul Ashley
Irfan Asif
Martin Askber
Roald Bahr
Arnild Bakken
Jochen Baumeister
Jesper Bencke
Anne Benjaminse
Tone Bere
Michael F. Bergeron
Mario Bizzini
Cherui Bauswet
Clair Boyer
Isaac Carlson
Cindy Chang
Ben Clarsen
Jill Cook
Ann Coils
Michel Coppeters
Wayne Derman
Sean Docking
Alex Donaldson
Jonathan Drezner
Jiri Dvorak
Guil Elías
Carolyn Emery
Lars Engenbretsen
Kari Fastig
Caroline Finch
Peter Fowler
Mark Fulcher
Tim Gabbett
Julie Gallagher
Laurence Gant
Matthias Gilglen
Hege Grindem
Kevin Guskiewicz
Brent Hagel
Martin Häggstand
Kimberly G. Harmon
Joar Harry
Katja Heinemeier
Per Hölmich
Ollie Jay
Neruo A. Jayanthi
Lewis Jeremy
Amanda Johnson
Simon Kemp
Karin Khan
Ben Kibler
Hideyuki Koga
Mette Kreutzfeldt Zebis
Josef Kröll
Tron Krosshaug
Tricia Leahey
Hanna Lindblom
Adrian Lussi
Michael Makdissi
Jegathesan
Manikavasagam Tan Sri
Kathy Martin
Andrew McIntosh
Carly McKay
James McNeil
Chris Milne
Robin Mitchell
Cam Mitchell
Kam-Ming Mok
Håvard Moksnes
Marie Moknes
Merete Müller
Christine Holm Moseid
Andrea Mosler
Margo Mountjoy
Erich Müller
Takeshi Muneta
Grethe Myklebust
Ian Needleman
David Opal
Kati Pasanen
Jon Paticos
Julien Périard
Babette Plum
Margot Putukian
Sebastien Racinais
Gustaf Reurink
Ebonie Rio
Kristian Samuelson
Irving Scher
Kathryn Schneider
Martin Schwellnus
Hazel Screen
Romain Seil
Sanjay Sharma
Anthony Shield
Ian Shrier
Christopher Skazalski
Torbjorn Saligard
Jörg Spörri
Sophie Stensen
Kathrin Stellen
Charles Buz Swannik
Stephen Taggett
Kristian Thorberg
EliChi Tsuda
Ross Tucker
Michael Turner
Peter Van de Vliet
Nicol van Dyk
Willemin van Mechelen
Evert Verhagen
Wayne Viljoen
Haardar Visnes
Markus Walden
Nick Webb
Rod Whiteley
Kevin E. Wilk
Erik Witvrouw
Johannes Zwerver

Registrations, hotel bookings available on the website:
www.ioc-preventionconference.org
Organising Committee

President
Fredrik S. BENDIKSEN, MD
Norwegian Olympic Training Center, Oslo, Norway

Members
Cherine TOUVET-FAHMY, Anti-Doping & Project Manager
IOC Medical & Scientific Department
Head of Logistics, Social Events

Benedetta BOARETTO-SARTORI, Account Manager
Denise DAVIDE, Project Manager
Organising Partner, Publi Créations SAM

Scientific Committee

Chair
Roald BAHR, MD PhD Professor
Oslo Sports Trauma Research Center & Norwegian Olympic Training Center, Oslo, Norway
& Aspetar Orthopaedic & Sports Medicine Hospital, Doha, Qatar

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Jiri DVORAK, Switzerland
Lars ENGEBRETSEN, Norway/Switzerland
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Sae Yong LEE, South Korea

Willem MEEUWISSE, Canada
Margo MOUNTJOY, Canada
Erich MÜLLER, Austria
Takeshi MUNETA, Japan
Antonio PELLICCIA, Italy
Olaf SCHUMACHER, Qatar
Martin SCHWELLNUS, South Africa
Evert VERHAGEN, Netherlands
Markus WALDÉN, Sweden

International Olympic Committee
Medical and Scientific Department

Director in charge:
Richard BUDGETT, MD

IOC Medical Commission Chair:
Uğur ERDENER, Dr

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