Dear Participants,

Volleyball and Beach Volleyball like other sports offer society a unique opportunity for individual and social development. Volleyball is a challenging game, where players learn a wide variety of skills – physical, mental and social. Volleyball is also an exciting game – for players and spectators alike!

Nevertheless, sports participation also entails a certain risk of injury. Studies from the 2004 Athens Olympic Games and 2008 Beijing Olympic Games document that the injury risk in Volleyball is much lower than the other Olympic team sports, and even lower than most individual sports. Even so, injuries can affect performance and even long-term health. Therefore, protecting the health of our athletes is the number one priority for the FIVB.

Through its Medical Commission, chaired by professor Roald Bahr, the FIVB has looked at how injuries and illness can be prevented, how the risk of long-term disability can be reduced by proper diagnosis, treatment and rehabilitation, and how to maintain volleyball as a drug-free sport. The FIVB is a signatory to the World Anti-doping Code, and our anti-doping education and testing program ranks second to none.

In keeping with our commitment to protect the health of our players, FIVB has taken the initiative to organize the FIVB World Congress on Volleyball Medicine in Bled, Slovenia in January 2011. This congress will be the perfect platform for physicians, physical therapists, athletic trainers, biomechanists and other scientists to share their views on volleyball injuries and illnesses. Although it is not the first of its kind, this promises to be a landmark congress, covering the entire field of volleyball medicine with a star line-up of world-renowned experts. The FIVB is pleased to be able to fund this event.

I would also like to take this opportunity to acknowledge the hospitality of our hosts, the Slovenian Volleyball Federation, and all their partners. Not only have they whole-heartedly embraced the idea, but they have worked diligently to create the best possible conditions for the exchange of knowledge and ideas related to the health of our players. The FIVB also thanks the Scientific Committee, chaired by dr. Jonathan Reeser, for creating a superb program. You do not wish to miss this event!

Yours sincerely,

Jizhong Wei
FIVB President
On behalf of my colleagues on the Scientific Committee, I cordially invite you to attend the 2011 FIVB World Congress on Volleyball Sport Medicine, to be held in Bled Slovenia from 13.–15. January 2011. The keynote lectures and symposia, outlined in this first announcement, have been selected in order to cover the breadth of sports medicine as it applies to volleyball. The Congress features an outstanding faculty from around the world. In the months ahead, workshops will be added to the schedule. These workshops are intended to be small group, hands-on sessions that complement the main program. In addition, the Congress will provide a forum for presentation of original volleyball-related research. Our goal is to stimulate volleyball-specific investigation and thereby advance the existing “state of the art”. Look for the “call for abstracts” on page 9. Evening social events will punctuate each day. These gatherings will permit discussion and the sharing of ideas, fostering a culture of collaborative inquiry that will help carry the discipline forward.

Please contribute to the future of volleyball sport medicine by joining us for this landmark Congress in 2011. We look forward to welcoming you to Bled!
Speakers

Keynote speakers

- Elizabeth Arendt, MD
  University of Minnesota, Minneapolis, MN, USA

- Roald Bahr, MD PhD
  Oslo Sports Trauma Research Center, Oslo, Norway

- Lars Engebretsen, MD PhD
  University of Oslo and Oslo Sports Trauma Research Center, Oslo, Norway

- Pavels Mustafins, MD
  Riga Stradins University and Latvian Academy of Sports Pedagogy, Riga, Latvia

Invited speakers

- Håkan Alfredson, MD PhD
  Sports Medicine Unit, University Hospital of Umea, Umea, Sweden

- William Briner, MD
  Lutheran General Hospital, Park Ridge, IL, USA

- Aaron Brock, MS, ATC
  USA Volleyball, Anaheim, CA, USA

- Álvaro Chamecki, MD PhD
  Clínica Artro, Curitiba, Brazil

- Ann Cools, PT PhD
  Ghent University, Ghent, Belgium

- Edvin Dervisevic, MD PhD
  Faculty of Sport, Ljubljana, Slovenia

- Karim Khan, MD PhD
  Centre for Hip Health and Mobility, University of British Columbia, Vancouver, Canada

- Jacek Kruczynski, MD PhD
  Nicolaus Copernicus University in Torun, Bydgoszcz, Poland

- Georg Lajtai, MD PhD
  Altis Sports Medicine Clinic, Althofen, Austria

- Willem Meeuwisse, MD PhD
  University of Calgary, Calgary, Canada

- Grethe Myklebust, PT PhD
  Oslo Sport Trauma Research Centre, Oslo, Norway

- Annie Peytavin, MD
  Member, FIVB Medical Commission, Paris, France

- Jonathan Reeser, MD PhD
  Marshfield Clinic Research Foundation, Marshfield, USA

- Helgi Thorsteinsson
  FIVB, Lausanne, Switzerland

- Markus Tilp, PhD
  Institute of Sports Science, Karl-Franzens University, Graz, Austria

- Prof. Hiroshi Toyoda
  FIVB Technical Commission, Mikasa Corporation, Tokyo, Japan

- Matjaž Veselko, MD PhD
  University Medical Center, Ljubljana, Slovenia

- Håvard Visnes, MD PhD
  Oslo Sports Trauma Research Center, Oslo, Norway
## Programme-at-a-glance

### Session A

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Chair/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday Jan 13th</td>
<td>10:00</td>
<td>Registration</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 13th</td>
<td>14:00</td>
<td>OPENING CEREMONY</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 13th</td>
<td>15:00</td>
<td><strong>Keynote 1:</strong> Sports medicine challenges in volleyball and beach volleyball (Bahr, Norway)</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 13th</td>
<td>16:00</td>
<td><strong>Symposium 1:</strong> Advances in Volleyball Sport Science (Chair: Toyoda, Japan)</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 13th</td>
<td>18:00</td>
<td><strong>Symposium 2:</strong> Volleyball-related shoulder dysfunction (Chair: Cools, Belgium)</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 14th</td>
<td>08:30</td>
<td><strong>Keynote 2:</strong> Treating the ACL-injured volleyball player - are there any special concerns? (Engebretsen, Norway)</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 14th</td>
<td>09:15</td>
<td><strong>Symposium 3:</strong> Evaluation and treatment of the volleyball athlete with knee pain (Chair: Khan, Canada)</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 14th</td>
<td>11:15</td>
<td><strong>Symposium 3 cont.:</strong> LUNCH</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 14th</td>
<td>14:00</td>
<td><strong>Keynote 3:</strong> The female volleyball athlete (Arendt, USA)</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 14th</td>
<td>14:45</td>
<td><strong>Symposium 4:</strong> Low back pain in volleyball players (Chair: Reeser, USA)</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 14th</td>
<td>16:45</td>
<td>Abstract presentations</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 15th</td>
<td>08:30</td>
<td><strong>Keynote 4:</strong> Preventing injuries in volleyball players (Bahr, Norway)</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 15th</td>
<td>09:15</td>
<td><strong>Symposium 5:</strong> Periodic Health Examination of volleyball players (Chair: Meeuwisse, Canada)</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 15th</td>
<td>11:15</td>
<td><strong>Symposium 6:</strong> Ankle injuries in volleyball (Chair: Veselko, Slovenia)</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>14:00</td>
<td><strong>Keynote 5:</strong> The Paralympic Volleyball Athlete (Mustafins, Latvia)</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>14:45</td>
<td><strong>Symposium 7:</strong> Environmental issues in beach volleyball - The FIVB Heat Stress Monitoring Protocol (Chair: Avila-España - Spain)</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>15:30</td>
<td><strong>Symposium 8:</strong> The FIVB Anti-Doping Program (Chair: Holzgraefe - Germany)</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>16:45</td>
<td><strong>Symposium 9:</strong> Minimizing and managing the risk of injury (Chair: Bahr, Norway)</td>
<td></td>
</tr>
</tbody>
</table>

### Session B/C

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Chair/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday Jan 13th</td>
<td>14:00</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 13th</td>
<td>18:00</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 13th</td>
<td>20:00</td>
<td>GET TOGETHER/DINNER IN CONFERENCE HALL</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 14th</td>
<td>08:30</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 14th</td>
<td>09:15</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Thursday Jan 14th</td>
<td>11:15</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 14th</td>
<td>14:00</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 14th</td>
<td>14:45</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 14th</td>
<td>16:45</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 15th</td>
<td>08:30</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 15th</td>
<td>09:15</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Friday Jan 15th</td>
<td>11:15</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>14:00</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>14:45</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>15:30</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>16:45</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>18:15</td>
<td>Workshops</td>
<td></td>
</tr>
<tr>
<td>Saturday Jan 15th</td>
<td>20:30</td>
<td>Workshops</td>
<td></td>
</tr>
</tbody>
</table>

**Saturday January 15th**

- 16:45: CLOSING CEREMONY
- 18:15: GALA DINNER AT HOTEL TOPLICE
Programme - Thursday January 13th

10:00    Registration
14:00    OPENING CEREMONY
15:00    KEYNOTE 1: Sports medicine challenges in volleyball and beach volleyball (Roald Bahr, Norway)

16:00    Symposium 1: Advances in Volleyball Sport Science
Chair: Hiroshi Toyoda, FIVB Technical Commission, Japan

- Scientific analysis of volleyball (Hiroshi Toyoda, Japan)
- Biomechanics of jumping (Markus Tilp, Austria)
- Biomechanics of overhead volleyball skills (Jonathan Reeser, USA)
- Analysis of athletic performance (Hiroshi Toyoda, Japan)
- Implications for training (Markus Tilp, Austria)
- Cases and discussion (Panel)

18:00    Symposium 2: Volleyball-related Shoulder Dysfunction
Chair: Ann Cools, Belgium

- Clinical approach to shoulder pain in the overhead athlete (Ann Cools, Belgium)
- Risk factors for volleyball-related shoulder dysfunction (Jonathan Reeser, USA)
- Suprascapular neuropathy and other entrapments in the overhead athlete (Georg Lajtai, Austria)
- Vascular problems in the overhead athlete (Jonathan Reeser, USA)
- Surgical management of shoulder problems (Georg Lajtai, Austria)
- Rehabilitation strategies for the overhead athlete with shoulder pain (Ann Cools, Belgium)
- Cases and discussion (Panel)

20:00    GET TOGETHER/DINNER IN CONFERENCE HALL
08:30  KEYNOTE 2:  
Treating the ACL-injured Volleyball Player - Are There Any 
Special Concerns?  (Lars Engebretsen, Norway)

09:15  Symposium 3 : Evaluation and Treatment of the 
Volleyball Athlete with Knee Pain  
Chair:  Karim Khan, Canada

- What is tendinopathy?  
  (Karim Khan, Canada)
- Risk factors for patellar tendinopathy in volleyball players  
  (Håvard Visnes, Norway)
- What is mechanotransduction?  
  (Karim Khan, Canada)

COFFEE BREAK

- Does eccentric training really work?  
  (Roald Bahr, Norway)
- Ultrasound guided sclerosis and electrocoagulation  
  (Håkan Alfredson, Sweden)
- Platelet-rich plasma injections  
  (Lars Engebretsen, Norway)
- Ultrasound and Doppler guided mini surgery for patellar 
tendiopathy  (Håkan Alfredson, Sweden)
- Case discussions:  
  Which is the first option, and which the last line of defense?

14:00  KEYNOTE 3:  
The Female Volleyball Athlete (Elizabeth Arendt, USA)

14:45  Symposium 4: Low Back Pain in Volleyball Players  
Chair:  Jonathan Reeser, USA

- The spine in overhead sports  
  (Jonathan Reeser, USA)
- The epidemiology of low back pain among VB players  
  (William Briner, USA)
- Evaluation and nonsurgical management of low back pain among 
volleyball players  
  (Aaron Brock, USA)
- Core stabilization: does it really work?  
  (Aaron Brock, USA)
- Indications for surgical intervention  
  (Elizabeth Arendt, USA)
- Cases and discussion

COFFEE BREAK

16:45 -19.15  Abstract presentation

20:30 DINNER

NOTE: Deadline for submission of abstracts is September 1, 2010.
Programme - Saturday January 15th

08:30  KEYNOTE 4: Preventing injuries in volleyball players (Roald Bahr, Norway)

09:15  Symposium 5: Periodic Health Examination of Volleyball Players
       Chair: Willem Meeuwisse - Canada
       - The IOC PHE consensus statement (Willem Meeuwisse, Canada)
       - The electronic pre-participation evaluation (Willem Meeuwisse, Canada)
       - The role of isokinetic strength testing in volleyball (Edvin Dervisevic, Slovenia)
       - Screening female athletes for risk of ACL injury (Grethe Myklebust, Norway)
       - Monitoring athlete health: how the USA does it (Aaron Brock, USA)
       - Cases and discussion

11:15  Symposium 6: Ankle Injuries in Volleyball
       Chair: Matjaž Veselko, Slovenia
       - Assessment of the acutely injured ankle (Roald Bahr, Norway)
       - The role of surgery in acute ankle injury (Matjaž Veselko, Slovenia)
       - Rehabilitation of acute ankle injuries (Grethe Myklebust, Norway)
       - The chronically painful or unstable ankle (Álvaro Chamecki, Brazil)
       - Cases and discussion

LUNCH

14:00  KEYNOTE 5: The Paralympic Volleyball Athlete (Pavels Mustafins, Latvia)

14:45  Symposium 7: Environmental Issues in Beach Volleyball
       Chair: Fernando Avila-Espana - Spain
       - Historical risk of heat illness on the FIVB World Tour (Jonathan Reeser, USA)
       - The FIVB Heat Stress Monitoring protocol (Roald Bahr, Norway)
       - Recognizing and treating heat illness (William Briner, USA)

15:30  Symposium 8: The FIVB Anti-Doping Program
       Chair: Manfried Holzgraefe - Germany
       - The FIVB Anti-doping program (Roald Bahr, Norway)
       - The FIVB: We play it clean! (Helgi Thorsteinsson, Switzerland)
       - The FIVB TUE protocol (Annie Peytavin, France)
       - Cases and discussion

COFFEE BREAK

16:45  Symposium 9: Minimizing and Managing the Risk of Injury
       Chair: Roald Bahr, Norway
       - Principles of risk management in a team setting (Roald Bahr, Norway)
       - Empirical lessons learned (Willem Meeuwisse, Canada)
       - Management of risk at the national team level: Poland (Jacek Krucznyski, Poland)
       - Management of risk at the national team level: Brazil (Álvaro Chamecki, Brazil)

18:15  CLOSING CEREMONY

20:30  GALA DINNER AT HOTEL TOPLICE
Call for papers

Authors are kindly requested to submit their abstracts on the official website www.fivbmedicine2011.org.

All accepted abstracts will be published in the Abstract Book, as well as in a themed issue of the British Journal of Sports Medicine.

The organisers wish to present the state-of-the-art in volleyball-related research at the FIVB Volleyball Medicine Congress 2011, and will therefore include poster sessions and free communications to present the most recent research. The Conference is multidisciplinary, and we encourage abstracts to be submitted within all fields of volleyball research. This includes studies on epidemiology, risk factors, injury mechanisms, pathophysiology, intervention studies, relevant biomechanical studies, studies on behaviour and attitudes, performance & fitness, and related research from other fields.

Please follow the instructions carefully in order to ensure that your abstract is received successfully.

The deadline for submitting abstracts is September 1st, 2010.
Guidelines for Submission of Abstracts

(1) - The abstract must be written in English.
(2) - The abstract must not exceed 300 words.
(3) - The body text of the abstract must not include the names of the authors or institution.
(4) - Abbreviations can be used except title; but must be clearly defined in parenthesis the first time they are used.
(5) - The title should be brief (maximum 30 words) and clearly reflecting the content of the study. Do NOT use capital letters.

Abstract Format
The abstract should be structured, using the following subtitles and sections:

Background: Provide the background for the study in one or two sentences.
Objective: State the main question or objective of the study and the major hypothesis tested, if any.
Design: Describe the design of the study, indicating, as appropriate, use of randomisation, blinding, criterion standards for diagnostic tests, temporal direction (retrospective or prospective), and so on.
Setting: Indicate the study setting, including the clinical setting or competitive level if relevant (e.g. youth team, high school league, elite division, World League team).
Patients (or Participants): State selection procedures, entry criteria, and numbers of participants entering and finishing the study.

Submit your abstract on www.fivbmedicine2011.org

Interventions (or Assessment of Risk Factors or other relevant subheading): Describe essential features of any interventions, including their method and duration of administration. For observational studies, clearly outline the independent variables.

Main Outcome Measurements: The primary study outcome measures (dependent variables) should be indicated as planned before data collection began. If the hypothesis being reported was formulated during or after data collection, this fact should be clearly stated.

Results: Report the main findings of the study.

Conclusions: State only those conclusions of the study that are directly supported by data, along with their clinical application (avoiding overgeneralisation) or whether additional study is required before the information should be used in usual clinical settings.
Conference committees

Organizing Committee
- Vedran Hadzic, MD - President of the Organizing Committee
- Maja Apih - Organizing Committee Secretary
- Edvin Dervsevic, MD, PhD
- Tine Sattler, MSc
- Igor Dolinsek, Volleyball Federation of Slovenia
- Spela Kavcic - hotel logistics

Scientific Committee
- prof. Roald Bahr, MD, PhD, Norway
- prof. Helena Burger, MD, PhD, Slovenia
- assist. prof. Edvin Derviševic, MD, PhD, Slovenia
- dr. Fernando Avila España, MD, Spain
- prof. Jacek Kruszynski, MD, PhD, Poland
- dr. Jonathan C. Reeser, MD, PhD, USA, Chair of the Scientific Committee
- prof. Matjaž Veselko, MD, PhD, Slovenia

Honorary Committee
- President of Republic of Slovenia - Danilo Türk
- Minister for Education and Sport - Igor Luksic
- Minister of Health - Borut Miklavcic
- Minister of Higher Education, Science and Technology - Gregor Golobic
- Dean of Faculty of Medicine, University of Ljubljana - Dusan Suput
- Dean of Faculty of Sport, University of Ljubljana - Milan Zvan
- Chairman of Department of Public health, Faculty of Medicine, University of Ljubljana - Marjan Bilban
- President of Volleyball Federation of Slovenia - Matjaz Kovacic
- President of Olympic Committee of Slovenia - Janez Kocijancic
- FIVB President, Mr. Jizhong Wei
- CEV President, Mr. André Meyer
- FIVB Executive Vice-President, Dr. Amr Elwani
Hotel accommodation

DEADLINE FOR RESERVATIONS IS 1. NOVEMBER 2011. AFTER THIS DATE RESERVATION WILL BE MADE ON REQUEST.

For reservation use the reservation form on our official website www.fivbmedicine2011.org.
Reservation must be send in Hotel Jelovica Bled by e-mail: jelovica@hotel-jelovica.si or by fax: 00386 4 5741 550.

Direct booking to chosen hotel is not possible.

NOTE: A supplementary tourist tax of 1.01 € will be charged per room per day.
Reservation must be confirmed with credit card number with exp. date. Hotel Jelovica will deliver all reservations directly to chosen hotel. All guest will pay their costs directly in hotel, they will stay in. No cost cancellation till 10.11.2010.

**Hotel Jelovica**

Price for Bed & Breakfast per room per day
- Single/Lake: 57 €
- Double/Stand.: 66 €
- Double/Lake: 74 €

Remark: Tourist tax included.
www.hotel-jelovica.si

**Hotel Astoria**

Price for Bed & Breakfast per room per day
- Single/Stand: 119 €
- Double/Lake: 139 €
- Double/Su: 119 €

www.hotelastoria-bled.com

**Best Western Lovec**

Price for Bed & Breakfast per room per day
- Single/Stand: 128 €
- Double/Stand: 151 €

www.lovechotel.com

**Best Western Kompas**

Price for Bed & Breakfast per room per day
- Single/Stand: 123 €
- Double/Stand: 135 €

www.kompashotel.com
Hotel accomodation

Grand Hotel Toplice

Price for Bed & Breakfast per room per day
- Single/Stand.: 120 €
- Single/Lake: 148 €
- Double/Stand.: 140 €
- Double/Lake: 172 €

Hotel Park

Price for Bed & Breakfast per room per day
- Single/Stand.: 83 €
- Single/Lake: 100 €
- Double/Stand.: 104 €
- Double/Lake: 120 €

Hotel Golf

Price for Bed & Breakfast per room per day
- Single/Stand.: 100 €
- Single/Lake: 112 €
- Double/Stand.: 120 €
- Double/Lake: 136 €

Hotel Savica

Price for Bed & Breakfast per room per day
- Single/Stand.: 71 €
- Double/Stand.: 80 €

www.hotel-toplice.com
www.hotel-park-bled.com
www.hotel-golf-bled.com
www.hotel-savica.com
Registration

For those wanting to attend the upcoming FIVB Volleyball Medicine Congress 2011, please visit us on www.fivbmedicine2011.org and register online.

This exciting Congress is one not to be missed, so register before 1. September 2010 to secure your place and receive discounted registration. Note that all persons intending to attend the Congress must register, including invited Authors and Chairpersons.

<table>
<thead>
<tr>
<th>Delegate Full Registration (13.-15. January)</th>
<th>Up to 1.9.2010</th>
<th>After 1.9.2010</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>200 EUR</td>
<td>300 EUR</td>
</tr>
<tr>
<td>One-day registration fee</td>
<td>100 EUR</td>
<td>150 EUR</td>
</tr>
</tbody>
</table>

To view the current foreign exchange rates, please visit www.x-rates.com

DEADLINE FOR HOTEL RESERVATIONS IS 1. November 2011. AFTER THIS DATE RESERVATION WILL BE MADE ON REQUEST.

For reservation use the reservation form on our official website www.fivbmedicine2011.org. Reservation must be send in Hotel Jelovica Bled by e mail: jelovica@hotel-jelovica.si or by fax: 00386 4 5741 550.

Direct booking to chosen hotel is not possible.
Congress City and Venue - Bled, a jewel among the alpine resort.

With immense natural beauty, Bled, together with its surroundings, ranks among the most beautiful alpine resorts, renowned for its mild, healing climate and thermal lake water. The beauty of the mountains reflected on the lake, the sun, the serenity and the fresh air arouse pleasant feelings in visitors throughout the year, guaranteeing an ideal base or a relaxing break or an active holiday. Bled attracts businessmen, artists, athletes, explorers, sport enthusiasts, the old and the young, from all over the world, enchanting them to return again and again.
Visit www.fivbmedicine2011.org and register for the FIVB Volleyball Medicine Congress