

Questionnaire of pharmacies in Belgrade in terms of best-selling dietary supplements

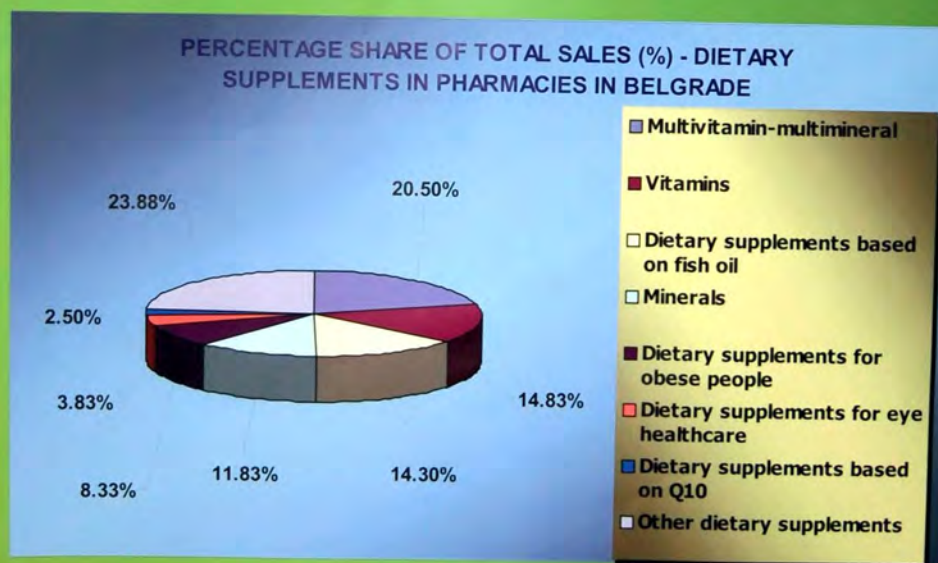
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Introduction:

Nowdays (fast lifestyle, skipping meals, stress) more people believe that food is not sufficient to ensure daily intake of nutrients that are necessary for human. The increase in sales of dietary supplements from year to year is evident, and should not be surprising. The aim of this work is survey of pharmacies in Belgrade in terms of best-selling dietary supplements.

Methodology:

The questionnaire was conducted in 215 pharmacies in Belgrade. Responsible pharmacists in pharmacies filled the questionnaire, which consisted of general questions and special - 15 best-selling dietary supplements in their pharmacy.



Conclusion:

Dietary supplements based on vitamins, minerals, and their combinations are the best-selling in pharmacies in Belgrade. As a best-selling vitamins are found vitamin C, B group vitamins, vitamin E, as a best-selling macroelements Ca and Mg, trace elements Se and Zn.