Prevention of injuries in a ring: role of a doctor, judge and coach

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Introduction
First of all, a doctor, a coach and a judge should protect a sportsman against injuries. Doctor’s duty is to intervene on time, prior to a match (a medical examination) and during a match. Coach’s duty is to teach a competitor the best features of the art of boxing in a ring. Judge’s duty is to prevent irregular blows and a human drama in so doing. There are some conscious and unconscious mistakes, however, in the said relations which could lead to some warning and upsetting consequences.

Methods
It is important for a doctor to notice a mechanism of an injury. Sometimes a rather accidental and unnoticeable blow can decide the end of a match. An unnecessarily exaggerated reaction of a doctor can disturb an action and affect the results of a match just as a too weak reaction. Boxing requires aggressiveness to a certain extent, but it is not as desirable as the readiness for fighting itself. Fighting readiness is known for persistence, courage and respect toward a rival, while aggressiveness is an example using anything forbidden in boxing. A higher number of blows and duration of contacts in boxing directly affect the seriousness of an injury.

Results
A judge decides irregularities when they appear, but he has to prevent them too. He has to use his skill and objectivity to provide the true sport atmosphere, otherwise he can provoke an incident in a ring or among spectators. It is upon him also to stop an unfair boxing and prevent aggressiveness. Positive points should be won by correct attacks, blows and defense.

Discussion
An uneven boxing is better to be broken a minute earlier than a few seconds too late. In spite to the fact that boxing is the most controlled sport from the medical point of view, even more control is required to humanize it. As it is known, there are medical organizations which dispute any sense of fighting in a ring as well as its ethical justification.

References
2. G. Scepanovic: Injuries in a ring (Povrede u ringu), Belgrade (Beograd), 2004